

Effective Date: 10-01-2023 Aetna Choice® POS II -- ASC Qualified High Deductible Health Plan

### **PLAN DESIGN & BENEFITS** ADMINISTERED BY AETNA LIFE INSURANCE COMPANY - SELF FUNDED

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PLAN FEATURES	IN-NETWORK	OUT-OF-NETWORK
Benefit limitations - Some service or	supplies have limits on them per year.	There might be a maximum number of
	. In such cases, the benefit year begins	
	to your plan documents to learn more.	
Deductible (per plan year)	\$2,000 per Individual	\$4,000 per Individual
	\$4,000 per Family	\$8,000 per Family
Covered expenses in-network add up		overed expenses out-of-network add up
towards your out-of-network deductible		, rotton oxponioso out of motivotic add up
	ore the plan begins paying benefits, un	less otherwise noted
	some medical services does not coun	
	e. Refer to your plan documents for det	
	then all family members have met it for	
individual deductible for members of a		the rest of the year. There is no
Member coinsurance	You pay 10%	Vou pov 200/
		You pay 30%
Applies to all expenses except as note		CO COO a sa la dividual
Out-of-pocket limit (per plan year)	\$3,000 per Individual	\$8,000 per Individual
	\$6,000 per Family	\$16,000 per Family
•	•	limit. Covered expenses out-of-network
add up towards your out-of-network or		
Some of your cost sharing may not co		
Your pharmacy expenses count towar		
In-network expenses include coinsura		
	surance and deductibles. Penalty amou	
Once you meet the family out-of-pocket	et limit, then all family members have n	net it for the rest of the year. There is no
individual out-of-pocket limit for memb	ers of a family.	
Lifetime maximum		
Unlimited except where otherwise indi	cated.	
Payment for out-of-network care**	Does not apply	Professional: Prevailing Charges
-		Facility: Facility Charge Review
Primary care physician selection	Encouraged	Does not apply
Precertification requirements -		• • • • • • • • • • • • • • • • • • • •
	oproval by us in advance (precertification	on). Without this approval, we reduce
	locuments for a full list of services that	
Referral requirement	Not required	None
		visits from different kinds of providers in
		so find more about your options, including
cost share amounts.	o a not of tolorioakii providere. Tod ii ak	so mid more about your options, mordaing
PREVENTIVE CARE	IN-NETWORK	OUT-OF-NETWORK
Routine adult physical exams/	Covered 100%; no deductible	30%; after deductible
immunizations	Covered 100%, no deductible	50%, arter deductible
	then 1 exam every 12 months age 65	and older
Routine well child	Covered 100%; no deductible	30%; after deductible
exams/immunizations		
• 7 exams in the first 12 months	nth a	
• 3 exams from age 13 through 24 mo		
• 3 exams from age 25 through 36 mo		
• 1 exam every 12 months from age 3		
Routine gynecological care exams		30%; after deductible
1 exam and pap smear per year, inclu	ding related fees	

1 exam and pap smear per year, including related fees



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Virtual primary care (VPC)	Covered 100%; no deductible	Not Covered
preventive care consultations		1101 0010100
Includes screening and counseling ser		
Routine mammogram	Covered 100%; no deductible	30%; after deductible
Recommended: One per year for mem		
Women's health	Covered 100%; no deductible	30%; after deductible
	betes, HPV (Human- Papillomavirus) DN	
	screening for human immunodeficiency	
	preastfeeding support, supplies and coun	
	(ACA mandated contraceptives, including	
	dures (including tubal ligation), patient ed	lucation and counseling. Limits may
apply.	0 14000/ 1 1 (*)	000/ // 1.1.471
Pre-natal maternity	Covered 100%; no deductible	30%; after deductible
Routine digital rectal exam	Covered 100%; no deductible	30%; after deductible
Recommended: For members age 40		000/ 6: 1 1 111
Prostate-specific antigen test	Covered 100%; no deductible	30%; after deductible
Recommended: For members age 40		000/ 6/ 1 1 1 1 1 1
Colorectal cancer screening	Covered 100%; no deductible	30%; after deductible
Recommended: For members age 45		000/ (1   1   1   1
Routine eye exams	Covered 100%; no deductible	30%; after deductible
1 routine exam per 12 months.	O   4000/   +   -	000/
Routine hearing screening PHYSICIAN SERVICES	Covered 100%; no deductible  IN-NETWORK	30%; after deductible OUT-OF-NETWORK
Office visits to member's selected	10%; after deductible	30%; after deductible
primary care physician (PCP)	Covered 1000/ Lefter deductible	Not Covered
Virtual primary care (VPC) consultations	Covered 100%; after deductible	Not Covered
Includes basic medical service consult	tations for members ago 19 and older	
Telehealth consultation with non-	10%; after deductible	30%; after deductible
specialist	1076, after deductible	50%, after deductible
Specialist office visits	10%; after deductible	30%; after deductible
	ices of an internist, general physician, far	
physician is not your PCP.	ioos of all internist, general physician, fai	The productioner, or pediatrolar in the
Telehealth consultation with	10%; after deductible	30%; after deductible
specialist	. o , o, and addadable	out, and addadator
•	care from an internist, general physician,	family practitioner, or pediatrician. Also
includes the diagnosis and treatment of		, p
Hearing exams	Covered 100%; no deductible	30%; after deductible
1 routine exam per 24 months.		
Walk-in clinics	10%; after deductible	30%; after deductible
	Designated Walk-in clinics	,
	Covered 100%; after deductible	
Walk-in clinics are free-standing health	n care facilities. Sometimes they may be	within a pharmacy, drug store,
	y offer some limited medical care and se	
	s, emergency rooms, the outpatient depa	
surgical centers, and physician offices	• • •	<u> </u>
Allergy testing	Your cost sharing amount depends	Your cost sharing amount depends
	on the type of service and where you	on the type of service and where you
	receive it.	receive it.



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Allergy injections	Your cost sharing amount depends	Your cost sharing amount depends
, mongy myodiono	on the type of service and where you	on the type of service and where you
	receive it.	receive it.
DIAGNOSTIC PROCEDURES	IN-NETWORK	OUT-OF-NETWORK
Diagnostic X-ray (Other than	10%; after deductible	30%; after deductible
complex imaging services)		
When your physician performs and bill	s for this service at their office, you pay y	our office visit cost share amount.
Diagnostic laboratory	10%; after deductible	30%; after deductible
When your physician performs and bill	s for this service at their office, you pay y	our office visit cost share amount.
Diagnostic complex imaging	10%; after deductible	30%; after deductible
When your physician performs and bill	s for this service at their office, you pay y	our office visit cost share amount.
EMERGENCY MEDICAL CARE	IN-NETWORK	OUT-OF-NETWORK
Urgent care provider	10%; after deductible	30%; after deductible
Non-urgent use of urgent care	Not Covered	Not Covered
provider		
Emergency room	10%; after deductible	Same as in-network care
Non-emergency care in an	Not Covered	Not Covered
emergency room		
Emergency use of ambulance	Covered 100%; after deductible	Same as in-network care
Non-emergency use of ambulance	Not Covered	Not Covered
HOSPITAL CARE	IN-NETWORK	OUT-OF-NETWORK
Inpatient coverage	10%; after deductible	30%; after deductible
	or the care you need, your cost sharing a	mount counts toward all covered
benefits you receive.		
Inpatient maternity coverage	10%; after deductible	30%; after deductible
(includes delivery and postpartum		
care)		
	or the care you need, your cost sharing a	mount counts toward all covered
benefits you receive.	100/ 6: 1 1 211	000/ 6/ 1 1 2/11
Outpatient hospital	10%; after deductible	30%; after deductible
	hospital but don't stay overnight, your co	est sharing amount counts toward all
covered benefits during your visit.	400/ 6   1   471	000/ (1   1   1   1
Outpatient surgery - hospital	10%; after deductible	30%; after deductible
	hospital but don't stay overnight, your co	est sharing amount counts toward all
covered benefits during your visit.	400/ - (1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-1-	000/ - (1 11
Outpatient surgery - freestanding	10%; after deductible	30%; after deductible
facility	haspital but doubt story arrangiable varia	at about a constant accordant all
	hospital but don't stay overnight, your co	ist snaring amount counts toward all
covered benefits during your visit.	IN NETWORK	OUT OF NETWORK
MENTAL HEALTH SERVICES	IN-NETWORK	OUT-OF-NETWORK
Inpatient	10%; after deductible	30%; after deductible
	or the care you need, your cost sharing a	mount counts toward all covered
benefits you receive.	100/ : ofter deductible	200/ : ofter deductible
Mental health office visits	10%; after deductible	30%; after deductible
Mental health telehealth consultations	10%; after deductible	30%; after deductible
Other mental health services	10%; after deductible	30%; after deductible
	facility but don't stay overnight, your cos	
covered benefits during your visit.	, 221 221 221	



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SUBSTANCE ABUSE	IN-NETWORK	OUT-OF-NETWORK
Inpatient	10%; after deductible	30%; after deductible
When you're admitted into a hospital for	or the care you need, your cost sharing	amount counts toward all covered
benefits you receive.		
Residential treatment facility	10%; after deductible	30%; after deductible
When you're admitted into a facility for	the care you need, your cost sharing a	mount counts toward all covered benefits
you receive.		
Substance abuse office visits	10%; after deductible	30%; after deductible
Substance abuse telehealth	10%; after deductible	30%; after deductible
consultations		
Other substance abuse services	10%; after deductible	30%; after deductible
	facility but don't stay overnight, your co	ost sharing amount counts toward all
covered benefits during your visit.		
THERAPY SERVICES	IN-NETWORK	OUT-OF-NETWORK
Spinal manipulation therapy Limited to 30 visits per year	10%; after deductible	30%; after deductible
Outpatient short-term	10%; after deductible	30%; after deductible
rehabilitation		
	per year, 60 combined visits for physic	al and occupational therapy, per year.
Includes physical, occupational, and sp	peech therapies.	
Habilitative physical therapy	10%; after deductible	30%; after deductible
Habilitative occupational therapy	10%; after deductible	30%; after deductible
Habilitative speech therapy	10%; after deductible	30%; after deductible
Autism related physical therapy	10%; after deductible	30%; after deductible
Autism related occupational	Refer to MBH Outpatient Mental	30%; after deductible
therapy	Health All Other	
Autism related speech therapy	Refer to MBH Outpatient Mental Health All Other	30%; after deductible
Autism related behavioral therapy	Refer to MBH Outpatient Mental Health	30%; after deductible
These benefits are combined with outp	patient mental health visits	
Autism related applied behavior	10%; after deductible	30%; after deductible
analysis		
	e same as any other outpatient mental	
OTHER SERVICES	IN-NETWORK	OUT-OF-NETWORK
Skilled nursing facility	10%; after deductible	30%; after deductible
Limited to 120 days per year		
When you're admitted into a facility for you receive.	the care you need, your cost sharing a	amount counts toward all covered benefits
Home health care	10%; after deductible	30%; after deductible
Limited to 120 visits per year		
Private duty nursing not included.		
Limited to three visits per day by staff to	f <u>rom a home health</u> care agency. One v	visit equals a period of four hours or less.
Hospice care - inpatient	10%; after deductible	30%; after deductible
When you're admitted into a facility for you receive.	the care you need, your cost sharing a	mount counts toward all covered benefits
Hospice care - outpatient	10%; after deductible	30%; after deductible
	facility but don't stay overnight, your co	
covered benefits during your visit.	, - ,	-



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Private duty nursing	Not Covered	Not Covered
Durable medical equipment	10%; after deductible	30%; after deductible
Diabetic supplies (if not covered	Covered same as any other medical	Covered same as any other medical
under the prescription drug benefit)	expense.	expense.
	You pay your prescription drug cost	You pay your prescription drug cost
	sharing amount if you have	sharing amount if you have
	prescription drug coverage. If not,	prescription drug coverage. If not,
	you pay your PCP visit cost sharing	you pay your PCP visit cost sharing
	amount.	amount.
Infusion therapy - home/office	10%; after deductible	30%; after deductible
Infusion therapy - outpatient	10%; after deductible	30%; after deductible
hospital/freestanding facility		
Gene-based, Cellular, and other	Your cost sharing amount depends	Not Covered
Innovative Therapies (GCIT™)	on the type of service and where you	
	receive it.	
	10%: after deductible for gene	
	therapy drugs, if applicable	
	In-network coverage is provided at	
	GCIT™ designated facilities only.	
Transplants	10%; after deductible	30%; after deductible
	In-network coverage is only available	Out-of-network coverage applies
	at Institutes of Excellence (IOE)	when you use a non-IOE facility. You
	contracted facility.	will pay more out of pocket when
		using a non-IOE facility.
Bariatric surgery	Not Covered	Not Covered
Acupuncture	Not Covered	Not Covered
FAMILY PLANNING	IN-NETWORK	OUT-OF-NETWORK
Infertility treatment	Your cost sharing amount depends	Your cost sharing amount depends
	on the type of service and where you	on the type of service and where you
	receive it.	receive it.
	and treatment of the underlying cause of i	
Comprehensive infertility services	10%; after deductible	30%; after deductible
	on and ovulation induction limited to six c	
	all procedures covered by any of our plan	
Advanced Reproductive	10%; after deductible	30%; after deductible
Technology (ART)	nambaria lifatima Marrimarina annlisa ta al	I was an divine a new and by any of arm
	nember's lifetime. Maximum applies to al	procedures covered by any or our
plans except where prohibited by law.	tion (IVE) zvaoto introfollonion transfer (	ZIET) gamata intrafallanian transfer
	tion (IVF), zygote intrafallopian transfer (Z	
	rs, intracytoplasmic sperm injection (ICSI	or ovuin microsurgery, and
cryopreservation, unlimited storage.	Vour cost charing amount danceds	20%: after deductible
Vasectomy	Your cost sharing amount depends	30%; after deductible
	on the type of service and where you	
	receive it.	
Tubal ligation	Covered 100%; no deductible	30%; after deductible



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PHARMACY	IN-NETWORK	OUT-OF-NETWORK
	e deductible before any benefit	s are considered for payment under the
pharmacy plan.		
Pharmacy plan type	Aetna Standard Open Formulary	
Prescription drug deductible	Prescription drug expenses apply to your medical deductible.	
Prescription drug out-of-pocket	Prescription drug expenses apply to your medical out-of-pocket limit.	
limit		
Generic drugs		
Retail	\$10 copay	30% of submitted cost; after
		applicable in-network cost share
Mail order	\$25 copay	Not Applicable
Preferred brand-name drugs	*	
Retail	\$35 copay	30% of submitted cost; after
·· ·	<b>^</b>	applicable in-network cost share
Mail order	\$87.50 copay	Not Applicable
Non-preferred brand-name drugs	•	
Retail	\$60 copay	30% of submitted cost; after
	<b>*</b> 4 <b>-</b> 0	applicable in-network cost share
Mail order	\$150 copay	Not Applicable
Specialty drugs	Φ00	000/ 6 1 1/4 1 4 6
Preferred specialty	\$60 copay	30% of submitted cost; after
Name and Common Language College	Φ00	applicable in-network cost share
Non-preferred specialty	\$60 copay	30% of submitted cost; after
Dhama and day are the and according		applicable in-network cost share
Pharmacy day supply and requireme		upply from Astro National National Con a 21 to 00
Retail	You can get up to a 30-day supply from Aetna National Network or a 31 to 90-	
Mailandan	day supply covered at retail pharmacies in the Extended Day Supply Network.	
Mail order	You can get a 31-90-day supply from CVS Caremark® Mail Service	
Specialty	Pharmacy. You can get up to a 30-day supply of specialty drugs	
Specialty		
	You must fill all specialty drugs through our preferred specialty pharmacy	
	network.	
Your prescription drug plan also inc	Aetna Specialty Network Drug	y List

- Diabetic supplies and blood glucose monitors
- Prescription weight loss drugs

#### Family planning

• Oral fertility drugs included.

# The following are covered 100% in-network:

- Oral chemotherapy drugs
- Affordable Care Act (ACA) eligible preventive medications

Refer to **Aetna.com** for a complete list of eligible prescription drugs.

### **Precertification requirements**

Some covered prescription drugs need approval from us before we will cover the drug.

To get the most up-to-date precertification requirements, see your plan documents or go online to your member website.



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Choose generics with dispense as written (DAW) override - Sometimes your physician may say you need a brand-name prescription drug even if a generic is available. If so, you will pay the brand-name copay. If you ask for a brand-name prescription drug when a generic is available, you will pay the applicable brand-name copay plus the difference between the generic price and the brand-name price.

#### **GENERAL PROVISIONS**

# Dependents who are eligible to be on your plan

Spouse, children from birth to age 26. Student status of children does not matter.

\*\*We cover the cost of services based on whether doctors are "in network" or "out of network." We want to help you understand how much we pay for your out-of-network care. At the same time, we want to make it clear how much more you will need to pay for this "out-of-network" care.

You may choose a provider (doctor or hospital) in our network. You may choose to visit an out-of-network provider. If you choose a doctor who is out of network, your health plan may pay some of that doctor's bill. Most of the time, you will pay a lot more money out of your own pocket if you choose to use an out-of-network doctor or hospital.

When you choose out-of-network care, we limit the amount it will pay. This limit is called the "recognized" or "allowed" amount.

This amount is based on the out-of-network plan you or your employer picks.

- For doctors and other professionals the amount is based on the "prevailing" charges. We get this data from an external database.
- For hospitals and other facilities, the amount is based on the Facility Fee Schedule.

Your doctor sets his or her own rate to charge you. It may be higher -- sometimes much higher -- than what your plan "recognizes." Your doctor may bill you for the dollar amount that we don't "recognize." You must also pay any copayments, coinsurance and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums. To learn more about how we pay out-of-network benefits visit our website.

You can avoid these extra costs by getting your care from Aetna's broad network of health care providers. Go to www.aetna.com and click on "Find a Doctor" on the left side of the page. If you are already a member, sign on to your Navigator member site.

This applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident, or for other emergency services), we will pay the bill as if you got care in network. You pay cost sharing and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your cost sharing and deductibles.

This way of paying out-of-network doctors and hospitals applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident), we will pay the bill as if you got care innetwork. You pay your plan's copayments and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your copayments and deductibles.

Plans are provided by: Aetna Health Inc. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.



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See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- · Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Hearing aids
- Home births
- Immunizations for travel or work, except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- · Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- · Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.
- · Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility. Translation of this material into another language may be available. Please call Member Services at the number on the back of your ID card.

Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al 1-888-982-3862.

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to www.aetna.com.

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