

How well do you Know Your Heart?

Know Your Heart is a preventive, cash-based screening program designed to determine your risk of heart disease, stroke and other serious conditions. All testing is performed and interpreted by WellStar Medical Group, Cardiovascular Medicine (CVM) professionals.

Each **Know Your Heart** participant receives a personalized report with test results, reviewed with a WellStar Medical Group, CVM provider. The consultation also includes risk factor education, diet, weight and exercise recommendations.

Basic Risk Assessment – \$49

- Age 18+
- BMI
- Wellness survey
- EKG (Afib screen)
- Blood pressure
- Blood work (HDL, LDL, Triglycerides, Glucose, CRP, liver function)
- Risk Screen Questionnaire (sleep apnea, PAD, AAA, CHF)

Advanced Risk Assessment – \$139

- Age 40+
- BMI
- Wellness survey
- EKG (Afib screen)
- Blood pressure
- Blood work (HDL, LDL, Triglycerides, Glucose, CRP, liver function)
- Risk Screen Questionnaire (sleep apnea, PAD, AAA, CHF)
- CT heart screen (coronary calcium)*
- 10 year cardiovascular disease risk score



* Coronary calcium scores read by a WellStar radiologist.

Offered in Marietta, Acworth, Austell, East Cobb, North Fulton and Woodstock.

Call 770-956-STAR (7827) to determine eligibility and to schedule an appointment.

wellstar.org